

SEPTEMBER 2021 ISSUE

The Floss

THE OFFICIAL NEWSLETTER OF
THE FCDSA

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Introduction



Welcome back to another school year! My name is Saif Matti and I'm the newly elected President of the FCDSA for the 2021-2022 year. I am very excited to serve as your President and represent your voice on the national level.

As part of our initiative to enhance student engagement and promote open communication with students, the FCDSA has launched our new newsletter - The Floss! It will contain information regarding upcoming events, resources and unique opportunities for Canadian dental students. It'll also keep students in the loop with what the FCDSA is up to behind the scenes. The newsletter will be published every two months and will be distributed by your school's FCDSA representatives via email.

I hope you enjoy this newsletter as much as we did creating it.

Saif Matti
FCDSA President

FCDSA Board of Directors 2021-2022

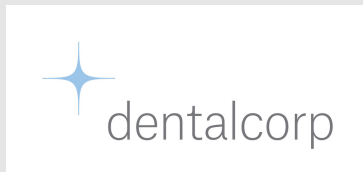


- **University of Alberta:** Jason Adam, Emily Barlow
- **University of British Columbia:** Shirley Chen, Karen Lin
- **Dalhousie University:** Myles Green, Evan Mercer
- **Université Laval:** Pierre-Karl Sanscartier, Eugenie Malenfant
- **University of Manitoba:** Christelle Tan, Aarushi Dhawan
- **McGill University:** Rehka Raveendrakumar, Jacques Jaar
- **Université de Montréal:** Catherine Robichaud, Meriem Mansouri
- **University of Saskatchewan:** Sarah Kowall, Dempsey Wood
- **University of Toronto:** Matthieu Trottier, Miriam Park
- **Western University:** Nima Lighvan, Saif Matti

FCDSA Board of Directors 2021-2022



Webinar Weekends



Our Webinar Weekends are back! Join us on **Saturday, September 18th at 12pm EST** for our upcoming webinar with Dr. Karen Pollock.

What is orofacial myofunctional therapy? How can it benefit my patients? Orofacial myofunctional disorders (disorders of facial and masticatory muscle movement and patterns) can cause all kinds of problems with talking, eating, and proper development. They require special treatment to address the underlying issues. Orofacial myofunctional therapists help with a broad range of issues including tongue thrusting, lip incompetence, thumb sucking, breathing, speaking, and many more. Dentists and dental hygienists are some of the few healthcare providers that are qualified to become certified orofacial myofunctional therapists, which means that you could have a therapist work in your dental practice, whether it is yourself or your DDS or DH colleague! Even if not in your clinic, being able to identify these disorders and refer them will be an asset to your patients. Join us LIVE via Zoom on **Saturday September 18th at 12pm EST** to hear from a certified orofacial myofunctional therapist how therapy can help the dental patient.

Registration link:

dentalcorp.zoom.us/webinar/register/WN_GOVMJV58Rme2allgMUOGvA

Watch out on social media for an announcement regarding our October webinar!

FCDSA ANNUAL RESEARCH COMPETITION



PRESENT YOUR PROJECT FOR THE CHANCE OF
WINNING 1 OF 3 MONETARY AWARDS

COMING TO YOU IN
OCTOBER 2021

*Stay
Tuned!*



Anterior Matrix Systems Essential to Provide Proper Anatomical Form and Function to Your Restorations

Garrison Dental has introduced the Fusion Anterior Matrix System. A simple matrix designed to be used for anterior restorations such as class III, IV as well as composite veneers. The firm stainless-steel matrix easily slides into the sulcus while maintaining the proper shape and contour without deformation. Properly placed the ideal anatomical curvature is achieved in a gingival - incisal and facial - lingual direction. To help maintain this ideal anatomical position the Fusion Anterior Wedge is used to ensure a firm seal at the cervical margin from facial to lingual. These radically curved wedges help free up your hands to allow one to concentrate on composite placement and simplify the restorative process.

A 74-year-old male presented with an old class III composite on the distal portion of his left lateral incisor (Figure 1). Re-current decay was noted both visually as well as radiographically. Treatment options were discussed with the patient and it was decided we would replace the restoration with a new direct composite restoration. Small amounts of composite were placed onto the tooth and light-cured to get an idea of what shade or shades would be utilized.

A short anterior Fusion Band (Garrison Dental) was placed interproximal past the finish line of the preparation and gently into the sulcus. A medium-sized anterior Fusion Wedge (Garrison Dental) with its radical curvature was placed to ensure a firm seal at the cervical margin all while not distorting the anatomical contour, unlike the mesial aspect of this same tooth where a wood wedge was used to seal the margin of that particular restoration (Figure 1). In this particular case, I took the approach of using my finger to push the matrix from the facial while adding a small increment of Majesty ES-2 Universal composite (Kuraray) from the lingual (Figure 2). The matrix was then peeled away on the facial side and again cured for 20 more seconds to ensure complete polymerization. Anterior Fusion Wedge and Matrix were then removed to show minimal excess composite on the facial surface as well as ideal anatomical contours (Figure 3). A fine flame diamond and a fine football-shaped diamond (Meisinger) did most of the heavy refinement and adjustment of occlusion. The final polish was achieved using a two-step diamond polishing system (Meisinger) (Figure 4).



Troy Schmedding DDS, AAACD 1993 honors graduate of the Arthur A. Dugoni School of Dentistry in San Francisco, California.



Figure 1: Failing Class III composite on the distal - facial of the Maxillary lateral incisor



Figure 2: Fusion Matrix being held from the facial while placing composite from the lingual.



Figure 3: Removal of the matrix reveals proper contact, contours and minimal flash on the facial surface.



Figure 4: Final polished restoration with wonderful aesthetics and ideal anatomical form and function.

T H E L E A D E R I N M A T R I X S Y S T E M S

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Our Social Media Platforms

Are you a student who may have suggestions or ideas you'd like featured in our newsletter? Would you like to share something cool or interesting that has happening at your school? Would you like your personally taken photo to be featured on our front cover? Are you a sponsor who would like to be featured in our "Sponsorship Corner"? contact us using the contact information below.



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